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² Secondary flows of viscoelastic fluids in serpentine microchannels

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7 Abstract

AQ1 Secondary flows are ubiquitous in channel flows, where small velocity components perpendicular to the main velocity appear due to the complexity of the channel geometry and/or that of the flow itself such as from inertial or non-Newtonian effects. 10 We investigate here the inertialess secondary flow of viscoelastic fluids in curved microchannels of rectangular cross-section 11 and constant but alternating curvature: the so-called "serpentine channel" geometry. Numerical calculations (Poole et al. J 12 Non-Newton Fluid Mech 201:10–16, 2013) have shown that in this geometry, in the absence of elastic instabilities, a steady 13 secondary flow develops that takes the shape of two counter-rotating vortices in the plane of the channel cross-section. We 14 present the first experimental visualization evidence and characterization of these steady secondary flows, using a com-15 plementarity of µPIV in the plane of the channel, and confocal visualisation of dye-stream transport in the cross-sectional 16 plane. We show that the measured streamlines and the relative velocity magnitude of the secondary flows are in qualita-17 tive agreement with the numerical results. In addition to our techniques being broadly applicable to the characterisation of 18 three-dimensional flow structures in microchannels, our results are important for understanding the onset of instability in 19 serpentine viscoelastic flows.

²⁰ **Keywords** Polymer solutions · Non-Newtonian fluids · Vortices · Confocal microscopy · Particle image velocimetry

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1 Introduction

Three-dimensional velocity fields are widespread in channel and pipe flows, where the geometry of the duct can combine with the properties of the base primary flow (i.e. the flow in the streamwise direction) to trigger a weak current with velocity components perpendicular to the streamwise direction. Therefore, the ability to measure, and understand, the velocity field in all three directions of such flows is of general importance. In microfluidic flows, however, the flowfield in the streamwise direction is often the only component characterised, because of optical access limitations and due to the fact that the absolute value of the other velocity components are typically very small (Tabeling 2005). Despite their small magnitude, such secondary flows are often ultimately responsible for enhanced mixing (above that due to diffusion alone) of mass and heat which is a frequent aim of various microfluidic devices (Lee et al. 2011; Mitchell 2001; Stroock et al. 2002; Amini et al. 2013; Hardt et al. 2005; Kockmann et al. 2003). Secondary flows also have important implications in particle focussing (Del Giudice et al. 2015;

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Di Carlo et al. 2007) where they may either be exploited or 41 act as a hindrance. 42

Secondary flows in microfluidic systems may be driven 43 by the complexity of the channel geometry only: for the 44 creeping flow of a Newtonian fluid, Lauga et al. (2004) have 45 shown that a secondary flow must develop if the channel 46 has both varying cross-section and streamwise curvature. 47 Changes in the streamwise curvature of channels with con-48 stant cross-section have also been shown to give rise to a 49 secondary flow around the bend (Guglielmini et al. 2011; 50 Sznitman et al. 2012). More complex geometries have been 51 designed to obtain chaotic micromixers, in which secondary 52 flows are triggered and expose volumes of fluid to a repeated 53 sequence of rotational and extensional local flows (Ottino 54 1989: Stroock et al. 2002; Amini et al. 2013). 55

Complexity in the equations of fluid motion is another 56 driving mechanism for secondary flows: although usually 57 not dominant at the microscale, inertia can play a role in 58 59 microfluidic systems (Di Carlo 2009; Amini et al. 2014). Combined with the flow geometry, it drives secondary flows 60 such as the well-known "Dean" vortices (Dean 1927, 1928) 61 62 observed in curved channels and pipes, or the steady vortical structure of the "engulfment" regime in T-junction mixers 63 (Kockmann et al. 2003; Fani et al. 2013). In the absence of 64 inertia, viscoelasticity is another source of fluid dynamic 65 complexity: viscoelastic analogues of the Dean vortices 66 are formed, in the creeping-flow regime, by the coupling 67 of the first normal-stress difference with streamline curva-68 ture (Robertson and Muller 1996; Fan et al. 2001; Poole 69 et al. 2013; Bohr et al. 2018). Note that second-normal stress 70 71 differences in viscoelastic fluids may also drive an inertialess secondary motion in ducts of non-axisymmetric cross-72 section, but this flow is typically much weaker (Gervang 73 and Larsen 1991; Debbaut et al. 1997; Xue et al. 1995). We 74 emphasise that in listing those potential sources of second-75 ary flow we are not attempting to be exhaustive, but sim-76 ply to illustrate that they may occur under many different 77 scenarios. 78

We focus here on the viscoelastic secondary flow driven 79 by streamline curvature. This steady secondary flow is 80 always present in the steady flow of viscoelastic fluids 81 in curved geometries, and pertains at all flow rates until 82 83 a critical flow rate is reached at which the flow becomes time-dependent due to a well-known purely elastic insta-84 bility (Groisman and Steinberg 2000; Arratia et al. 2006; 85 86 Afik and Steinberg 2017; Souliès et al. 2017). Characterising this secondary flow is thus essential to the knowledge of the 87 three-dimensional base flow from which the elastic insta-88 bility develops: its structure may interact with the onset of 89 the instability, as hypothesised to explain the partially unac-90 counted for stabilisation of shear-thinning viscoelastic flow 91 in curved microchannels (Casanellas et al. 2016). It is also 92 important for mixing and particle focusing applications that 93

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rely on viscoelastic fluids (Groisman and Steinberg 2000; Del Giudice et al. 2015).

Evidence for such secondary flows is readily observable in simple visualisation experiments. By way of example, in Fig. 1 we show a classical experiment for the visualisation of mixing efficiency in a serpentine microchannel (Groisman and Steinberg 2000): two streams of the same fluid, 100 one of them dyed with fluorescein, are co-injected into the 101 serpentine micromixer. When a Newtonian fluid is injected, 102 mixing is achieved by diffusion alone, which broadens the 103 interface. With increasing flow rate, the residence time 104 decreases, and so does the width of the interface. When a 105

Newtonian solvent Polymer solution (b) (a) (c) (d)

Fig. 1 Visualisation of mixing in a serpentine microchannel (the channel edges are highlighted in white): two streams of fluid are coinjected in a Y-junction, one of them being fluorescently labelled. Data for a viscoelastic polymer solution are displayed on the righthand side, while data for the Newtonian solvent (a mixture of water and glycerol at 75-25 wt%) (The small fluorescein molecule diffuses almost freely in the polymer network and thus probes a local viscosity that is lower than the shear viscosity of the polymer solution as measured with a rheometer. The same behaviour has been quantified in solutions of (hydroxypropyl) cellulose (Mustafa et al. 1993), dextran (Furukawa et al. 1991) and polyethylene glycol (Holyst et al. 2009). For this reason, we use the solvent of the polymer solution as a Newtonian reference fluid. The slightly lower diffusion in the polymeric solution shows that the contribution from the polymer to the local viscosity, albeit small, is not entirely negligible.) are shown on the left-hand side. The flow rate increases from 2 µl/min (top row) to 6 µl/min (middle row) and 12 µl/min (bottom row). At low flow rates (a, b) the interface between the two streams is broadened in both cases by the strong diffusion of the dye. At larger flow rates (c and d), the interface sharpens all along the channel due to the decreasing residence time. Further increase of the flow rate (e and f) leads to further sharpening of the interface for the Newtonian flow (e), but an additional spatially varying "blur" develops in the viscoelastic flow (f), blue triangular arrow

viscoelastic fluid is used, the evolution of the width of the 106 interface with increasing flow rate is very different. At small 107 flow rates a very broad interface is again observed, which 108 initially sharpens when the flow rate is increased. When the 109 flow rate is further increased, however, the interface locally 110 widens again. This effect cannot be attributed to diffusion, 111 which becomes less important with increasing flow rate 112 (thus decreasing residence times). In addition, an asymme-113 try can be observed with the interface being significantly 114 wider towards the end of each loop and a sharpening of the 115 interface at the beginning of each new loop. This observation 116 can only be explained with an underlying three dimensional 117 flow structure that reverses direction in between consecutive 118 loops. Previous numerical simulations (Poole et al. 2013) 119 have shown the occurrence of a steady secondary flow in this 120 serpentine channel geometry for dilute viscoelastic liquids. 121 One of the aims of this work is to demonstrate and quantify 122 the occurrence of this secondary flow experimentally by 123 direct measurement. More generally, we show how different 124 experimental methods can be used to determine quantitative AQ2information of generic secondary flows in micro-devices. 126

Being typically very weak (on the order of a few per-127 cent of the bulk primary velocity), secondary flows are hard 128 to resolve even in macro-sized classical fluid mechanics 129 experiments (Gervang and Larsen 1991). Thus it is not sur-130 prising that such flows have been little characterised at the 131 microscale. A number of recent experimental approaches 132 may alleviate this issue, in particular the holographic micro-133 particle tracking velocimetry (µPTV) technique (Salipante 134 et al. 2017), confocal microparticle image velocimetry (con-135 focal µPIV) (Li et al. 2016) or using standard particle image 136 velocimetry in conjunction with a channel design and mate-137 rial that allow for microscope observation in several perpen-138 dicular planes (Burshtein et al. 2017). 139

Here, we will characterise experimentally the three-140 dimensional structure of the flow with supporting numeri-141 cal simulations that match the geometrical conditions. Our 142 aim is to use a complementarity of µPIV, confocal micros-143 copy and insight gleaned from simulation to quantify the 144 secondary flow and confirm its vortical structure and sense 145 of rotation. Our techniques are very generic and thus broadly 146 applicable to the characterisation of three-dimensional flow 147 structures in microchannels. 148

149 **2 Experimental and numerical methods**

150 **2.1** Working fluids and rheological characterisation

Model viscoelastic fluids were prepared by dissolving polyethylene oxide (PEO, from Sigma Aldrich) with a molecular weight of $M_W = 4 \times 10^6$ g/mol in a water/glycerol (75–25% in weight) solution. The PEO was supplied from the same 166

batch as used in Casanellas et al. (2016). The solvent vis-155 cosity at T = 21 °C is $\eta_s = 2.1$ mPa s (data not shown). The 156 polymer concentration was fixed to c = 500 ppm (w/w). 157 The total viscosity of the resulting solution at T = 21 °C is 158 $\eta = 3.8$ mPa s giving a solvent-to-total viscosity ratio $\beta =$ 159 0.55. The overlap concentration for this polymer in water 160 is $c^* \simeq 550$ ppm (Casanellas et al. 2016). Although this 161 solution is close to the semi-dilute limit, we confirmed that 162 shear-thinning effects, of both the shear viscosity and the 163 first normal-stress difference, are essentially negligible [see 164 e.g. Casanellas et al. (2016)]. 165

2.2 Microfluidic geometry

We tested the polymer solution in serpentine microchan-167 nels consisting of nine half loops. A sketch of the channel is 168 shown in Fig. 2. We note that, in this channel geometry, the 169 absolute value of the curvature is constant along the channel 170 but the sign of the curvature changes from positive to nega-171 tive between consecutive half-loops. This change of sign is 172 not required for the development of the viscoelastic second-173 ary flow, but is a feature of our two-dimensional geometry 174 which conveniently allows for the study of several consecu-175 tive loops at a constant radius of curvature. Numerical sim-176 ulations of the creeping flow of Newtonian fluids in bent 177 microchannels show that this change in curvature is expected 178 to trigger a local secondary flow where subsequent half-179 loops reconnect, but this flow quickly decays in the regions 180 of constant curvature (Guglielmini et al. 2011), where our 181 velocity measurements were made. Most of our results were 182 obtained on a channel of nearly square cross-section, with a 183 width $W = 110 \pm 3 \mu m$, height $H = 99 \pm 1 \mu m$ and an inner 184 radius of curvature (measured at the inner wall of the chan-185 nel) $R_i = 40 \pm 1 \,\mu\text{m}$. Additional channels of comparable 186 cross-sectional dimensions but larger radii of curvature were 187 used for comparison. 188

The microchannels were fabricated in polydimethylsiloxane (PDMS), using standard soft-lithography 190



Fig. 2 Schematic of the microfluidic geometry used: **a** top view and **b** cross-sectional view displaying the choice of axes. x is the primary flow velocity direction, y is the wall-normal direction (where the origin is taken at the inner edge of each loop), and z is the spanwise (vertical) direction. Therefore, the x, y, z coordinate system we consider is not fixed in space but advected with the flow. The location of the dyed stream used for confocal visualisation is also indicated

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microfabrication methods (Tabeling 2005), and mounted 191 on a glass coverslip. The fluid was injected into the channel 192 via two inlets using two glass syringes (Hamilton, 500 µl 193 each) that were connected to a high-precision syringe pump 194 (Nemesys, from Cetoni GmbH). The experimental protocol 195 consisted of stepped ramps of increasing flow rate from 2 µ 196 l/min up to a maximum of 20 µl/min, with a flow rate step 197 of 2 µl/min. The resolution of the applied flow rate was con-198 trolled at a precision of $\pm 0.2 \,\mu$ l/min, as confirmed indepen-199 dently using a flow sensor (Flow unit S, from Fluigent, at 200 low flow rates and SLI-0430 Liquid flow meter, from Sen-201 sirion for $Q \ge 6 \,\mu$ l/min). The step duration was set to 120 s, 202 and the measurements performed over the last 60 s, which 203 we confirm was long enough to ensure flow steadiness and 204 the decay of any initial transient regime. Experiments were 205 continued until the onset of the purely-elastic instability 206 where the flow became time-dependent. For the $R_i = 40 \,\mu m$ 207 channel this occurred at 14 μ l/min which we define as Q_{insta} . 208

At the onset of flow instability the Reynolds number $(Re = \rho UW/\eta$, where ρ is the fluid density and U the mean velocity) is small in all experiments, being at most 0.6. Therefore, in our microfluidic flow experiments inertial effects can be disregarded.

214 2.3 Micro-particle image velocimetry

Quantitative two-dimensional measurements of the flow field 215 were made in the xy-centreplane (z = 0 plane) of the serpen-216 tine device (Fig. 2) using a micro-particle image velocimetry 217 (µPIV) system (TSI Inc., MN) (Meinhart et al. 2000; Were-218 ley and Meinhart 2005). For this purpose, no fluorescent 219 dye was used but the test fluid was seeded with 0.02 wt% 220 fluorescent particles (Fluoro-Max, red fluorescent micro-221 spheres, Thermo Scientific) of diameter $d_{\rm p} = 0.52 \,\mu{\rm m}$ with 222 peak excitation and emission wavelengths of 542 nm and 223 612 nm, respectively. The microfluidic device was mounted 224 on the stage of an inverted microscope (Nikon Eclipse Ti), 225 equipped with a $20 \times$ magnification lens (Nikon, NA = 0.45). 226 With this combination of particle size and objective lens, the 227 measurement depth over which particles contribute to the 228 determination of the velocity field was $\delta z_{\rm m} \approx 13 \,\mu{\rm m}$ (Mein-229 hart et al. 2000), which is approximately 13% of the channel 230 depth. 231

The μ PIV system was equipped with a 1280×800 232 pixel high speed CMOS camera (Phantom MIRO, Vision 233 Research), which operated in frame-straddling mode and 234 was synchronized with a dual-pulsed Nd:YLF laser light 235 source with a wavelength of 527 nm (Terra PIV, Continuum 236 Inc., CA). The laser illuminated the fluid with pulses of 237 duration $\delta t < 10$ ns, thus exciting the fluorescent particles, 238 which emitted at a longer wavelength. Reflected laser light 239 was filtered out by a G-2A epifluorescent filter so that only 240 the light emitted by the fluorescent particles was detected 241

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by the CMOS imaging sensor array. Images were captured 242 in pairs (one image for each laser pulse), where the time 243 between pulses Δt was set such that the average particle dis-244 placement between the two images in each pair was around 245 4 pixels. Insight 4G software (TSI Inc.) was used to cross-246 correlate image pairs using a standard µPIV algorithm and 247 recursive Nyquist criterion. The final interrogation area of 248 16×16 pixels provided velocity vector spaced on a square 249 grid of $6.4 \times 6.4 \,\mu\text{m}$ in x and y. The velocity vector fields 250 were ensemble-averaged over 50 image pairs. 251

2.4 Confocal microscopy

Vertical images of the cross-section of the channel (in yz 253 planes) were obtained by confocal microscopy imaging 254 using dyed stream visualisation (as illustrated in the xy plane 255 in Fig. 1). z-stacks of two-dimensional images of size 1024× 256 1024 pixels in xy planes were acquired at a rate of 6 fps 257 using a laser line-scanning confocal fluorescence micro-258 scope (LSM 5 Live, Zeiss), with a 40× water immersion 259 objective lens (1.20 NA). The voxel size was $0.16 \times 0.16 \times$ 260 0.45 μ m in the x - y - z direction. 261

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2.5 Viscoelastic constitutive equation, numerical method and structure of predicted secondary flow

The three-dimensional numerical simulations assume265isothermal flow of an incompressible viscoelastic fluid266described by the upper-convected Maxwell (UCM)267model (Oldroyd 1950) in a channel of matched dimensions268to those used in the experiments. The equations that need to269be solved are those of mass conservation,270

 $\nabla \cdot \mathbf{u} = \mathbf{0},\tag{1}$

and the momentum balance,

$$-\nabla p + \nabla \cdot \tau = \mathbf{0},\tag{2}$$

assuming creeping-flow conditions (i.e. the inertial terms are exactly zero), where **u** is the velocity vector with Cartesian components (u_x, u_y, u_z) , and *p* is the pressure. For the UCM model the evolution equation for the polymeric extra-stress tensor, τ , is 278

$$\boldsymbol{\tau} + \lambda \boldsymbol{\tau}_{(1)} = \boldsymbol{\eta} \dot{\boldsymbol{\gamma}}, \tag{3}$$

where $\tau_{(1)}$ represents the upper-convected derivative of τ and 280 η the constant polymeric contribution to the viscosity of the 281 fluid, respectively. 282

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many aspects of highly-elastic flows. Many more complex 288 models [e.g. the FENE-P. Giesekus and Phan–Thien–Tanner 289 models, see e.g. Bird et al. (1987)], simplify to the UCM 290 model in certain parameter limits and thus its general-291 ity makes it an ideal candidate for fundamental studies of 292 viscoelastic fluid flow behaviour. The governing equations 293 were solved using a finite-volume numerical method, based 294 on the logarithm transformation of the conformation ten-295 sor. Additional details about the numerical method can be 296 found in Afonso et al. (2009, 2011) and in other previous 297 studies [e.g. Alves et al. (2003a, b)]. For low Deborah num-298 bers $De = \lambda U/R_i$ (with λ the relaxation time of the fluid, U 299 the mean velocity and R_i the inner radius of curvature), the 300 numerical solution converges to a steady solution, which 301 was assumed to occur when the L^1 norm of the residuals of 302 all variables reached a tolerance of 10^{-6} . Beyond a critical 303 Deborah number, a time-dependent purely-elastic instabil-304 ity occurs. The numerical results in the current paper are 305 restricted to Deborah numbers below the occurrence of this 306 purely-elastic instability, thus the flow remains steady in all 307 simulations. 308

The structure and strength of viscoelastic secondary flows 309 in a serpentine geometry have been investigated in detail 310 by Poole et al. (2013). The main results of this study are 311 recalled below, and lay the foundations for the simulations 312 that we carry out here, which are focused on the geometry of 313 the experimental system we used. The projected streamlines 314 in the yz plane of the computed secondary flow are shown 315 in Fig. 3a. The flow takes the shape of a pair of counter-316 rotating vortices in the cross-sectional plane of the channel. 317 It is driven by the hoop stress, which drives the fluid towards 318 the inner side of the bend close to the top and bottom walls 319 (where the shear rate and thus the first normal stress differ-320 ence are larger, as illustrated in Fig. 3b). The fluid is then 321 carried back towards the outer edge of the bend at the cen-322 treplane (z = 0). Although the driving mechanism is dif-323 ferent, the resulting qualitative features of this elasticity-324 driven secondary flow are thus similar to the inertia-driven 325 Dean vortices (Dean 1928). The strength of the viscoelastic 326 secondary flow increases with the elastic contribution to 327 the flow (increasing *De*) and the curvature of the channel. 328 Poole et al. (2013) have shown that far from the onset of 329 the purely elastic instabilities, the magnitude of the second-330 ary flow, as quantified by the maximum spanwise velocity 331 $u_{z \max}$, scales linearly with *De* (see Fig. 3c). The structure 332 of the flow has been shown to remain identical for aspect 333 ratios W/H varying from 1 up to 4; accordingly, the scaling 334 for $u_{z,max}$ with *De* is not modified by the aspect ratio of the 335 channel. The scaling of the secondary flow strength with the 336 solvent viscosity contribution has also been assessed (Poole 337 et al. 2013), and can be expressed as an effective Deborah 338 number $De_{\text{eff}} = (1 - \beta)De$ where β is the ratio of the solvent 339



Fig. 3 a Numerically predicted structure of the secondary flow: two counter-rotating vortices develop in the cross-sectional plane of the channel. **b** Contour plot of the first normal stress difference $(N_1/(\eta U/W))$, in the cross-section of the channel (De = 0.5, W/H = W/R = 1): the strong positive and asymmetric normal stress difference at the top and bottom wall drives the secondary flow: the maximum spanwise velocity scales linearly with *De* over a wide range of aspect ratio and radius of curvature parameters [adapted from Poole et al. (2013)]

viscosity to the total (solvent + polymeric) viscosity. In the UCM model, $De_{eff} = De$.

The precise experimental determination of the relaxa-342 tion time of the fluid is difficult for dilute polymer solu-343 tions so that the determination of De for our experimen-344 tal data is challenging. However, we can use the onset of 345 the purely elastic instability as a reference point to match 346 the Deborah numbers in our numerical and experimental 347 data. For a given serpentine geometry, the flow becomes 348 unstable beyond a critical flow speed, usually expressed 349 in terms of a critical Weissenberg number to quantify 350 the importance of the elastic contribution to the flow: 351 $Wi_{insta}(R_i) = \lambda U_{insta}/W$ (with $Wi = De \times R_i/W$ the Weis-352 senberg number) (Zilz et al. 2012). For a given channel 353 geometry $Wi/Wi_{insta} = De/De_{insta} = Q/Q_{insta}$. Therefore, to 354 enable quantitative comparison between experimental and 355 numerical results, all the results for the channel geometry 356 described above will be presented in terms of the reduced 357 quantity $De^* = De/De_{insta} = Q/Q_{insta}$, with $De_{insta} \approx 1.24$ 358 from the numerical results for the experimental geometry we 359 used $(R_i/W = 0.36)$. De^{*} is independent of β and, therefore, 360 the solvent viscosity does not need to be taken into account 361 in the present numerical simulations. 362

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363 **3 Results**

364 3.1 Flow measurement in the plane of the channel 365 using μPIV

In this section, we show that classical µPIV measurements in 366 the xy centreplane provide significant evidence of the exist-367 ence of a secondary flow. In this symmetry plane, $u_{z} = 0$ so 368 that the velocity field is fully characterised by the 2D PIV. 369 In Fig. 4 we show streamlines constructed from the meas-370 ured velocity field along the first half loop (i.e. from A0 to 371 A2 as shown in Fig. 2). The blue dashed line highlights the 372 Newtonian result which can be seen to travel in approximate 373 concentric semicircles around the bend. The red lines indi-374 cate the streamlines of the polymeric solution, which, at low 375 Deborah number, can be seen to match the Newtonian ones 376 very closely. In contrast, with increasing De^* (increasing 377 flow rate) there is a marked deviation of the streamlines for 378 the viscoelastic fluid away from the inner bend towards the 379 outer, in good agreement with the sense of the secondary 380 flow predicted by the numerical simulations (Poole et al. 381 2013) and as discussed above and shown in Fig. 3. These 382 streamline patterns thus provide our first piece of qualita-AO3 tive evidence for the existence of an elastic secondary flow. 384



Fig. 4 Red lines: experimental flow streamlines in the channel centreplane, for increasing values of flow elasticity. For comparison, the streamlines for a Newtonian solution of the same viscosity are shown with a blue dashed line: a clear deviation of the streamlines towards the outer edge of the bend occurs in viscoelastic flow

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To support these qualitative streamline observations in 385 a more quantitative sense, in Fig. 5 we plot the velocity 386 components around location A1. The primary and wall-387 normal components of both the experimentally deter-388 mined (symbols) and the numerically computed (full 389 lines) velocity fields have been averaged over an angular 390 sector of 10° upstream and downstream of A1. y describes 391 as usual the wall-normal direction, and x the primary 392 velocity direction: the primary velocity component is u_r 393



Fig. 5 Experimental (bullets) and numerical (full lines) velocity plots at location A1 (see Fig. 2) for the primary (**a**) and wall-normal velocity (**b**), for increasing values of De^* (black bullet Newtonian fluid, green bullet 0.43, orange bullet 0.71, red bullet 0.86 and black full line 0, pink full line 0.11, blue full line 0.22, green full line 0.44, orange full line 0.67, red full line 0.89). For easier comparison, only select De^* values are shown in **b**. The zero *y* location is taken at the inner edge of the bend, with the geometry being that described in Sect. 2.2: $R_i/W = 0.36$. The peak streamwise velocity shifts with De, as is more visible in the inset of **a**. The scale bar in the top right corner indicates the magnitude of the error on the experimental data. **c** Scaling for the maximum wall-normal velocity with De^*

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and the transverse (or wall normal) component is u_v . The 394 data are plotted such that the zero y location corresponds 395 to the inner edge at location A1. In Fig. 5a we plot the 396 streamwise velocity component. First, we notice the good 397 agreement between the experiments and the Newtonian 398 simulation (black line and black symbols) where a slight 300 asymmetry in the profile towards the inner wall is notice-400 able [as has been observed and discussed previously (Zilz 401 et al. 2012)]. Second, the effect of elasticity on this main 402 velocity component is rather subtle but, as is most eas-403 ily seen via inspection of the numerical profiles around 404 the maximum of u_r (see inset of Fig. 5a), it is clear that 405 elasticity acts to reduce this asymmetry by shifting the 406 peak velocity back towards the centre of the channel. We 407 then turn to the wall-normal velocity component, shown 408 in Fig.5b. For the Newtonian case this is essentially zero 409 (within $\pm 1\%$ of the bulk velocity)—in agreement with 410 theoretical predictions for an inertialess duct of constant 411 cross-sectional area and constant curvature (Lauga et al. 412 2004). However, with the polymer solution, increasingly 413 large wall-normal velocities (i.e. from the inner wall 414 towards the outer) can be discerned as the flow rate (or 415 De^*) is increased. At the highest De^* for both simulation 416 and experiment these velocities reach $\approx 0.15U$ at their 417 peak. It can be observed that, much as is the case for 418 the primary velocity component, these transverse veloc-419 ity profiles are also asymmetric with a peak closer to 420 the inner wall. We believe that this is a consequence of 421 the shear rate being larger close to the inner wall. As the 422 streamwise normal stress-which, in combination with 423 streamline curvature, is the driving force for the second-424 ary flow—increases with the shear rate, the higher shear 425 rate at the inner wall leads to a concomitant asymmetry in 426 the distribution of the secondary flow. Significant noise is 427 visible on the experimental data, which is due to the dif-428 ficulty of resolving accurately a velocity component much 429 smaller than the average velocity. The systematic small 430 discrepancies between the numerically computed profiles 431 and the experimental data may be caused by the uncer-432 tainty on Q_{insta} (known with a precision of $\pm 1 \,\mu$ l/min). 433

We quantify in Fig. 5c the increase in the magnitude 434 of the secondary flow with the Deborah number De^* . 435 The maximum of the numerically computed transverse 436 velocity u_v scales linearly with De^* over the range of 437 parameters considered, as expected far from the instabil-438 ity onset (Poole et al. 2013). The trend in the experimen-439 tal data is more difficult to resolve because of the noise 440 level, which is particularly high compared to the expected 441 velocities at the lower flow rates investigated. Qualita-442 tive agreement is nonetheless observed, with comparable 443 magnitude for the secondary flow in both cases. 444

3.2 Cross-sectional visualisation of the flow using confocal microscopy 446

Except at the highest flow rates (or De^*), the magnitude of 447 the secondary flow velocities is very small, and thus difficult 448 to resolve with PIV techniques. However, if the effect of 449 these small velocities can be integrated over a large distance 450 any effect should be magnified. One method to achieve this 451 integrated effect is through the use of confocal microscopy 452 in combination with dyed stream visualisation, which we 453 now turn our attention to. For those experiments, the fluid 454 supplied through one of the inlets is dyed with fluorescein. 455 The location of the dyed stream is identified in Fig. 2. At the 456 Y-junction, the two streams each occupy half of the channel 457 width, separated by a straight centred interface in the plane 458 of the channel cross-section. This interface is broadened by 459 diffusion as the fluid travels downstream, and deformed in 460 the region of the loops as the vortices of secondary flows 461 transport fluid in the plane of the cross-section. Following 462 the evolution of this interface by taking slices in the yz plane 463 is thus a means of visualising the fluid transport that has 464 occurred in the cross-sectional plane between consecutive 465 slices. This evolution is shown in Fig. 6 for three channels 466 with different inner radii of curvature, at the six locations 467 identified in Fig. 2. The interface between the two streams 468 of fluid is quite broad, due to molecular diffusion of the 469 dye, but also due to the convolution of the image with a 470 finite-sized point spread function, enhanced by the strong 471 illumination conditions. Therefore, only the qualitative evo-472 lution of the interface can be obtained, by adjusting the light 473 intensity at each z position with a diffusion-type profile. The 474 inflection point of this profile provides an estimate of the 475 location of the interface, which is marked by the bright lines 476 in Fig. 6. This diffusion profile is wider towards the top and 477 bottom, suggesting that Taylor dispersion is active in our 478 system (Ismagilov et al. 2000). Coupled with the weaker 479 light intensity close to the walls, this effect is responsible 480 for a loss of resolution at the top and bottom wall, causing 481 the slight bending of the interface observed in the straight 482 channel (location S). 483

The top row in Fig. 6 shows the evolution of the interface 484 in the channel we used for the μ PIV measurements, at the 485 largest De^* we investigated (0.86). This evolution is in good 486 qualitative agreement with the numerically uncovered nature 487 of the secondary flow as illustrated in Fig. 3a: between loca-488 tion S and A0, the fluid has travelled a guarter loop with the 489 dyed stream at the inner edge of the bend. The convex shape 490 of the interface at A0 indicates that the dye has been trans-491 ported towards the outer edge in the centreplane, and that 492 un-dyed fluid has been carried towards the inner edge at the 493 top and bottom walls. This is consistent with the transport 494 expected from the numerically computed vortex structure. 495 From A0 to A1, transport along a quarter loop of reversed 496

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Fig. 6 Top row: evolution of the cross-sectional view down the channel for the polymeric solution flown at $De^* = 0.86$ in the channel used for the µPIV experiments: the white line highlights the position of the interface, as obtained by adjusting the horizontal diffusion profile of the dye. Middle and bottom rows: effect of the radius of curvature of the channel. $Q = 14 \,\mu$ l/min, $R_i = 135 \,\mu$ m (middle row) and

497 curvature leads to the recovery of a straight interface, which is bent to a concave shape after further transport in the same 498 half loop to location A2. The channel then reverses curva-499 ture again, and a convex interface is observed after transport 500 over half a loop (location A4). The images at A0, A2 and 501 A4 are taken at the connection between consecutive half-502 loops, were the channel reverses curvature. An additional 503 secondary flow is expected to be triggered from this sudden 504 change in curvature even in a Newtonian fluid (Guglielmini 505 et al. 2011). However, the displacement of the interface is 506 not sensitive to the local velocity field, but rather to the inte-507 gration of the streamlines over the distance travelled in the 508 channel. Therefore, we expect that this is the reason we do 509 not seem to observe the signature of this secondary flow in 510 the cross-sectional profiles measured. 511

512 We will now use confocal visualisation to probe the influence of the radius of curvature of the channel R_i on 513 the secondary flow, to gather further experimental proof 514 of the flow scaling with De. As the relative magnitude of 515 the secondary flow decreases for larger R_i , direct velocity 516 measurements are difficult for those geometries. However, 517 the integration over long distances makes the secondary 518 flow visible in confocal experiments. The second and 519 third rows in Fig. 6 show the evolution of the dyed and 520 521 un-dyed streams interface in two channels of larger radii of curvature: $R_i = 135 \,\mu\text{m}$ (middle row) and $R_i = 420 \,\mu\text{m}$ 522 (bottom row), but similar cross-section as the previous 523

 $R_i = 420 \ \mu\text{m}$ (bottom row). Although the relative magnitude of the secondary flow is weaker than in the smaller channel, the larger Q and the integration over a longer distance make the vortical structure clear. The similarity of the interface evolution for both radii supports the scaling of the secondary flow with De

channel. Q_{insta} depends non-linearly on R_i , therefore, for 524 those two larger channels we do not work in terms of quan-525 tities scaled on the critical values, such as De^* . We keep 526 the flow rate constant, so that the ratio of the Deborah 527 numbers for both experiments is inversely proportional 528 to that of the channel radii: $De_1/De_2 = R_{i,2}/R_{i,1}$. Confo-529 cal imaging of the cross-section shows clear evidence of 530 the cross-sectional vortices, with marked deflections of 531 the interface. The interface profiles obtained with the two 532 larger channels have similar curvature, which provides 533 semi-quantitative experimental evidence for the scaling 534 of u_v with *De*: the displacement of the interface between, 535 for instance, S and A0, is proportional to $u_v \times \Delta t$, where 536 Δt is the time required for the base flow to travel from S 537 to A0. $\Delta t \sim R_i/U \sim R_i/Q$ because the channels have the 538 same cross-section. Therefore, the lateral displacement of 539 the interface scales as $u_v \times R_i/Q$. As this displacement is 540 similar for the two channels, and Q is identical, u_y scales 541 as $1/R_i$, which is consistent with the linear scaling of u_v 542 with De as measured numerically. 543

Finally, we also note that in all cases, the shape of the interface is almost unchanged after transport over an even number of consecutive half-loop (see A0 compared with A4). We thus confirm experimentally for Deborah numbers below one, memory effects are small in our system, as predicted numerically (Poole et al. 2013). 549

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4 Conclusions and outlook 550

The use of two complementary techniques, µPIV in the 551 centreplane of the microfluidic device and confocal 552 microscopy to image the cross-section of the device, has 553 allowed us to perform one of the first experimental char-554 acterizations of steady, viscoelastic secondary flows in 555 curved microchannels. The vortical structure of this flow 556 in the cross-sectional plane, first unveiled by numerical 557 calculations, was confirmed. Qualitative agreement is 558 found in the flow profiles for the secondary transverse 559 velocity. Those results improve our comprehension of vis-560 coelastic flows in complex channel geometries, by validat-561 ing the three-dimensional flow driven by the hoop stress 562 in regions of constant curvature. A full understanding of 563 the flow pattern in the serpentine channel, though, remains 564 beyond the scope of our work: in the regions where the 565 curvature is not constant (as is typically the case between 566 consecutive half-loops), additional vortices may appear, 567 which we do not discuss here. Their contribution to the 568 flow dynamics in the serpentine microchannel may be 569 important, though, via their interaction with the viscoe-570 lastic Dean flow we have characterised, and their position 571 at a potentially critical location for the propagation of the 572 elastic instability in the channel. 573

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